

## Feeling lonely? We're here to listen.

SeniorLonelinessLine
A STATEWIDE SERVICE OF Plinesellife

**(**503) 200-1633 | 800-282-7035

SeniorLonelinessLine.org

## We provide:

- $\checkmark$  A friendly person to talk to when you need one
- √ Someone to listen
- $\checkmark$  Emotional support and understanding
- √ Resources and referrals
- ✓ Grief support
- ✓ Elder abuse prevention and counseling
- √ Suicide intervention